# Stundenplan

Feb. 2026

| Montag | | Dienstag | | | Mittwoch | | Donnerstag | | | Freitag | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Saal 1 | Saal 2 | Saal 1 | Saal 2 | Starnberg | Saal 1 | Saal 2 | Saal 1 | Saal 2 | Starnberg | Saal 1 | Saal 2 | Saal 3 |
| | | | 09.00-10.30<br>**Yoga für den Rücken** | neues tanzen<br>**Starnberg** | | | | | neues tanzen<br>**Starnberg** | | 09.00-10.30<br>**Yoga** | |
| | | | | | | | | | | | 11.00-12.00<br>**sanftes Yoga** | |
| 15.00 - 15.30<br>**Tänzerische Spielstunde**<br>2022 neu | | | | | | | | | | | | |
| 15.30-16.15<br>**Primary**<br>2019 | 16.00 - 17.00<br>**Grade II**<br>2015 | 15.30-16.00<br>**Kreativtanz**<br>2021 | | 14.00-15.00<br>**Grade II**<br>2016 | 15.30-16.30<br>**Grade II**<br>2016 | | 15.15-16.00<br>**Pre Primary Anfänger**<br>2020 | | | | | |
| 16.15-17.00<br>**Primary**<br>2019 | 17.00 - 18.00<br>**Modern/Jazz**<br>ab Grade II<br>neu (9 Jahre) | 16.00-17.00<br>**Primary**<br>2018 | | 15.00-16.00<br>**Grade III**<br>2014 | 16.30-17.30<br>**Grade III**<br>2014 | | 16.00-17.00<br>**Primary**<br>2018 | 16.15-17.15<br>**Grade IV** | 15.00 - 16.00<br>**Grade II**<br>2015/16 | 15.15 - 16.15<br>**Grade IV**<br>2012 | 15.00 - 15.45<br>**Pre Primary Anfänger**<br>2020 | |
| 17.00-18.00<br>**Grade I**<br>2017 | 19.00-20.00<br>**Grade V**<br>2010<br>Starnberg | 17.00-18.00<br>**Grade III**<br>2013 | | 16.00-17.00<br>**Primary 6-7 J.** | 17.30 - 19.00<br>**Advanced Foundation** | | | | 16.00-17.00<br>**Grade III**<br>2012/13 | 16.15 - 17.15<br>**Grade III**<br>2013 | 16.15-17.15<br>**Grade II** | 16.15-17.15<br>**Modern/Jazz**<br>ab Grade III<br>(ab 13 J.) |
| 18.00-19.30<br>**Intermediate** | 18.30-19.45<br>**Yoga** | 18.00-19.00<br>**Interm. Found.**<br>Anfänger | 19.00-20.15<br>**Yoga** | 17.00-18.00<br>**Intermediate**<br>2006/2007 | 19.00 - 20.00<br>**Modern/Jazz**<br>ab (16 J.) | 18.30-19.45<br>**Yoga** | 18.00 - 19.00<br>**Ballett**<br>Erw. Anfänger | | | 17.15 - 18.15<br>**Intermediate Foundation** | 17.15-18.15<br>**Grade I**<br>2017 | 17.15-18.15<br>**Modern/Jazz**<br>ab Grade II<br>(ab 12 J.) |
| 19.30 - 20.30<br>**Modern/ Jazz**<br>ab Grade V | 20.00-21.15<br>**Yoga** | 20.00-21.15<br>**Aerial Yoga** | 19.45 - 20.45<br>**Workout**<br>Erwachsene | | 20.00 - 21.00<br>**Ballett**<br>Erw. Fortgesch. | 20.00-21.15<br>**Yoga** | 19.45-20.45<br>**Ballett**<br>Erw. mit Vorkentnissen | | | 18.15 - 19.15<br>**Modern/Jazz**<br>(Interm. Foundation) | 18.15-19.15<br>**Advanced Foundation** | |
| 20.30 - 21.30<br>**Modern/Jazz**<br>Erwachsene | Yogastunden laufen über Karo Baller | Alle Aerial Yoga Stunden | laufen über Karina Kleinholz | | | | | | | | | |